

## LOCAL PHONE NUMBERS

Casco Town Office 627-4515  
David Morton, Town Manager ext. 201

**Maine State Police** 657-3030  
(dial 911 in an emergency)

**Cumberland County Sheriff** (800) 266-1444  
> **dial 9-1-1 in an emergency**  
> for non-emergency calls, dial 893-2810,  
or, toll-free at 1-800-501-1111

**STORE THIS IN A SECURE**

**LOCATION FOR EASY ACCESS!**

FOR MORE INFORMATION ABOUT  
**EMERGENCY PREPAREDNESS** VISIT:



**www.ready.gov**  
(the Ready campaign)



Cumberland County Emergency Mgt. (CCEMA)  
**www.cumberlandcounty.org/EMA/**

Maine Emergency Management Agency (MEMA)  
**www.Maine.gov/MEMA**

Federal Emergency Management Agency (FEMA)  
**www.fema.gov** (1-800-480-2520)

American Red Cross of Southern Maine  
**www.maineredcross.org**

**Local shelters and/or shower facilities typically available in your community are located at the following locations:**

Casco Community Center, Meadow Rd. (Rt. 121)  
Central Fire Station, Meadow Rd. (Rt. 121)  
South Casco Fire Station, Brown Ave.

CALL 2-1-1 for local emergency information

## WHAT YOU SHOULD KNOW ABOUT EMERGENCY PREPAREDNESS

### DO YOU KNOW?

Who to contact in the event of an emergency due to a natural disaster or weather emergency?

What provisions you should have available in your home in the event an emergency prohibits you from getting to public resources?

Where to find access to fresh drinking water or shower facilities in the event you have lost power or access to running water?

How to find out if there is limited travel access due to hazardous road conditions or road closures?

### IN THIS PUBLICATION YOU WILL BE PROVIDED:

- ⇒ Emergency contact information at federal, state & local levels.
- ⇒ How to properly process & store water for drinking & cooking.
- ⇒ A checklist of supplies you should keep on hand in the event that public access becomes limited during an emergency

**Brought to you to by the  
Town of Casco**

RESIDENT  
ADDRESS 1  
ADDRESS 2  
CASCO ME ZIP

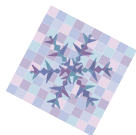
# ARE YOU PREPARED?

One of the primary concerns in the event of an emergency, especially those we expect to experience in Maine's winter-weather climate, is Mother Nature's ability to knock out heat, power and communications services, sometimes for days at a time. Strong wind, heavy rain or snowfall & extreme temperatures can immobilize an entire region quickly.

You can be prepared by having an emergency preparedness kit.

## YOUR EMERGENCY PREPAREDNESS KIT SHOULD INCLUDE:

- \* Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- \* Food (see food list)
- \* Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- \* Flashlight and extra batteries
- \* First aid kit
- \* Whistle to signal for help
- \* Moist towelettes, garbage bags and paper products
- \* Wrench or pliers to turn off utilities
- \* Manual can opener for food
- \* Cell phone with chargers, inverter or solar charger



*Consider the following things when putting together your emergency food supplies:*

- Store at least a three-day supply of non-perishable food.
- Choose foods your family will eat.
- Remember any special dietary needs.
- Avoid foods that will make you thirsty.
- Choose salt-free crackers, whole grain cereals and canned foods with high liquid content.

The following items are suggested when selecting emergency food supplies. You may already have many of these on hand.

- Ready-to-eat canned meats, fruits, vegetables and a can opener
- Protein or fruit bars
- Dry cereal or granola
- Peanut butter
- Dried fruit
- Nuts
- Crackers
- Canned juices
- Non-perishable pasteurized milk
- High energy foods
- Vitamins
- Food for infants



**PLAN AHEAD!!**  
Don't forget to make sure you have an adequate supply of any prescription medication **BEFORE** an emergency situation.

## **~ HOW CAN I ASSURE SAFE DRINKING WATER FOR MY FAMILY?**

Bottled water is the most recommended water source for consumption and/or cooking when standard water sources are unavailable. Keep bottled water in its original container and do not open until you need to use it. Observe the expiration or "use by" date & store in cool, dark place.



## **PREPARING YOUR OWN CONTAINERS OF WATER**

"Food grade" water storage containers available from surplus or camping supplies stores are the most reliable water storage containers. Do not use plastic jugs or cardboard containers that have had milk or fruit juice in them. Before filling with water, thoroughly clean the containers with dishwashing soap and water and rinse completely so there is no residual soap.

## **STORING WATER IN PLASTIC SODA BOTTLES**

Sanitize the bottles by adding a solution of 1 teaspoon of non-scented liquid household chlorine bleach to a quart of water. Mix the sanitizing solution in the bottle so that it touches all surfaces & rinse thoroughly. Be careful not to contaminate the cap by touching the inside of it with your finger. Place a date on the outside of the container so you can know when you filled it. Store in cool, dark place. Fill the bottle to the top with regular tap water. If the water you are using comes from a well or water source that is not treated with chlorine, add two drops of non-scented liquid household chlorine bleach to the water. Let the water stand for 30 minutes before using. A slight chlorine odor should be noticeable in the water, if not, add another dose of bleach and allow the water to stand another 15 minutes. Tightly close the container using the original cap.

## **Should you travel?**

Don't get caught unprepared by venturing out in hazardous weather conditions. Check your local news, radio, or television for road conditions & closings before you travel. If access to these resources is unavailable, try contacting your local non-emergency dispatch for specific road conditions & information. **ALL YOUR LOCAL PHONE CONTACT NUMBERS CAN BE FOUND ON THE BACK OF THIS FLYER—STORE THIS IN A SECURE LOCATION FOR EASY ACCESS.**